PE Curriculum Map – **2026-2027**

Term	Scheme of Work (where applicable)	**Acorn Class**	**Oak Class**	**Maple Class**	**Birch Class (Y3)**	**Willow Class (Y4/5)**	**Alder Class (Y5/6)**
Autumn 1	Scheme of Work (where applicable)	Real PE – Unit 1 Personal	Real PE – Unit 1 - Personal	Real PE – Unit 1 - Personal			
		Gym skills – develop and apply shapes, travel on floor and through apparatus Bikes – co-ordination, space awareness	Fundamental Movement Skills – co-ordination, footwork, static balance and one-leg balance Locomotion – running and jumping	Fundamental Movement Skills – co-ordination, footwork, static balance and one-leg balance Locomotion – running, jumping and dodging	OAA – team challenges Fitness/Circuit training Cross Country	OAA – problem solving and orienteering Fitness/Circuit Training Cross Country	OAA – orienteering and leadership Fitness/Circuit training Cross Country **Swimming**
Autumn 2	Scheme of Work .	Real PE – Unit 2 - Social	Real PE – Unit 2 - Social	Real PE – Unit 2 - Social			
		Fundamental Movement Skills – dynamic balance, agility, jumping and landing, static balance, seated balance and space through focused stories, songs and games	Real Gym 1 and 2 Develop and apply shapes, travel, flight and rotation on the floor and apparatus Real Dance 1 – Artistry, partnering, circles and shapes Dance – moves, brilliant body Gymnastics – individual movement and balance	Real Gym 1 and 2 develop and apply flight and rotation on floor and apparatus Real Dance 1 - Artistry, partnering, circles and shapes Dance Yoga Gymnastics – movements and balance	Health and Wellbeing – mindfulness and mediative balance Dance Yoga Gymnastics – movement, balance and sequence	Health and Wellbeing – mindfulness, mediative balance and relaxation techniques, stamina, strength and flexibility Dance Yoga Gymnastics – symmetry/asymmetry, counter balance/counter tension and flight **Swimming**	Health and Wellbeing – stamina, strength and flexibility Dance Yoga Gymnastics – counter balance/counter tension, flight, matching and mirroring

Term		Acorn Class	Oak Class	Maple Class	Birch Class	Willow Class	Alder Class
Spring 1	Scheme of Work	Real PE – Unit 3 – Cognitive	Real PE – Unit 3 – Cognitive –	Real PE – Unit 3 – Cognitive –			
		– Dynamic balance, static balance, stance on line and through stories, songs and games **DESA**	Dynamic balance, static balance and stance on line through skill development stories and games Ball Skills – sending, receiving and dribbling **Swimming** **DESA**	Dynamic balance, static balance and stance on line through skill development, co-operative and competitive games Ball Skills – passing, dribbling and scoring Basketball Football Indoor Hockey	Invasion games – attack and defence Netball Dodgeball Benchball Volleyball **DESA**	Invasion games – maintain possession and stopping attack, shooting, scoring and denying space Hockey Basketball Tag Rugby Football	Invasion games – shooting, scoring, denying space, tactics and power play Tag Rugby Handball Hockey Football
Spring 2	Scheme of Work – where applicable.	Real PE – Unit 4 – Creative –	Real PE – Unit 4 – Creative –	Real PE – Unit 4 – Creative –			
		Co-ordination, ball skills, counter balance – individual and partner **DESA** **Swimming**	co-ordination, ball skills, counter balance through focused skill development, co-operative and competitive games Ball Skills – pushing and striking **DESA**	co-ordination, ball skills, counter balance through focused skill development, co-operative and competitive games Ball Skills – hitting and striking Cricket Kick Rounders	Striking and Fielding – tactics and strategies Cricket/Quick Cricket Rounders Kick Ball **DESA**	Striking and Fielding – tactics and strategies Cricket/Quick Cricket Rounders Kick Ball Ultimate Frisbee	Striking and Fielding – tactics and strategies Cricket/Quick Cricket Rounders Kick Ball Ultimate Frisbee

Term		Acorn Class	Oak Class	Maple Class	Birch Class	Willow Class	Alder Class
Summer 1	Scheme of Work where applicable	Real PE – Unit 5 – Physical					
		Co-ordination, sending and receiving, agility, reaction and response through stories, songs and games Sports Day	OAA – working with others Athletics Sports Day	Athletics Sports Day	Athletics **Swimming** Sports Day	Athletics Sports Day	Athletics Sports Day
Summer 2	Scheme of Work	Real PE – Unit 6 – Health and Fitness –	Real PE – Unit 5 – Physical –	Real PE – Unit 5 – Physical –			
		agility, ball chasing, static balance, floor work OAA – working with others Bike progression – movement, space, agility, direction	co-ordination, sending and receiving, agility, reaction and response through focused skill development, co-operative and competitive games	co-ordination, sending and receiving, agility, reaction and response through focused skill development, co-operative and competitive games **Swimming**	Net and Wall games – tactics to overcome Tennis Pickleball Table Tennis	Net and Wall games – tactics to overcome Tennis Pickleball Badminton Volleyball	Net and Wall games – tactics to overcome Tennis Pickleball Badminton Volleyball