

| <p>Swanton Morley VC Primary School</p> <p><b>Physical Education CURRICULUM MAP</b></p> <p><i>The PE curriculum aims to ensure that all pupils develop the attitude, mid-set, fundamental skills and competence to excel in a wide range of physical activities and team sports. By providing opportunities for tactical thinking, problem-solving and teamwork, as well as an understanding of ways to keep healthy and active, the children can socially and emotionally through their sporting experiences.</i></p> |                           |                                      | EYFS  |   |  | Key Stage 1: Year 1                       |                        |   |
|--|---------------------------|--------------------------------------|---|---|--|---|------------------------|---|
|  |                           |                                      | AUTUMN  | SPRING                                    | SUMMER   | AUTUMN                                    | SPRING                 | SUMMER                                  |
|  |                           |                                      | Malleable Investigation                       | Developing (fine and gross) Motor Control | Refining Motor Skills                          | Multi-skills                              | Team games             | Team games                              |
| Gym  | Throwing and Catching     | Trim Trails                          | Throwing and catching games                   | Gymnastics                                | Athletics                                      |   |                        |   |
| Safe use of Equipment  | How we keep fit           | The effect of exercise on our bodies | Swimming                                      | Dance (seasons)                           | Bat and ball games                             |   |                        |   |
| Personal Hygiene   | Water Safety and Swimming | Game Skills                          | Swimming                                      | swimming                                  | Swimming                                       |   |                        |   |
| Dressing   | Dance                     | Swimming                             |   |   | OAA games                                      |   |                        |   |
| My body  |                           | Healthy Eating                       |   |   |  |   |                        |   |
| Key Stage 1: Year 2  |                           |                                      | Key Stage 2: Year 3                           |   |  | Key Stage 2: Year 4                       |                        |   |
| AUTUMN   | SPRING                    | SUMMER                               | AUTUMN  | SPRING                                    | SUMMER   | AUTUMN                                    | SPRING                 | SUMMER                                  |
| Throwing, catching and invasion games  | Dance and gymnastics      | Bat and ball games                   | Fitness Circuits                              | Cross Country Running                     | Striking (Tennis) and Fielding Games (Cricket) | Invasion games (Tag Rugby)                | Gymnastics             | Striking and fielding games             |
| Gymnastics   | Team games                | Athletics                            | Invasion Games (Hockey)                       | Team work                                 | Athletics                                      | Dance                                     | Net and wall games     | Athletics                               |
| Dance  | Net and wall games        | Team games                           | Gymnastics & Dance                            | Dance & Gymnastics                        | Swimming                                       | Swimming                                  | Netball                | Swimming                                |
| Swimming   | Swimming                  | Swimming                             | Swimming                                      | Net and wall games                        | OAA games                                      |   | Swimming               | Tennis                                  |
|  |                           | OAA games                            |   | Swimming                                  |  |   |                        | OAA games                               |
| Key Stage 2: Year 5  |                           |                                      | Key Stage 2: Year 6                           |   |  | Visits, Trips and 'Special' Days/Events   |                        |   |
| AUTUMN   | SPRING                    | SUMMER                               | AUTUMN  | SPRING                                    | SUMMER   | AUTUMN                                    | SPRING                 | SUMMER                                  |
| Invasion Games (Football)  | Fitness circuits          | Cricket                              | Hockey  | Volleyball                                | Softball                                       | SSP and County Cross Country Competitions |                        | Hautbois OAA week and camping trip (Y6) |
| Gymnastics and dance   | Netball                   | Athletics                            | Football                                      | Fitness circuits                          | Cricket  | SSP Tag Rugby Tournament                  | SSP Netball Tournament | SSP Cricket Competition                 |
| Swimming   | Swimming                  | Swimming                             | Gymnastics                                    | Netball                                   | Orienteering                                   | SSP Swimming Galas                        |                        | SSP Dodgeball Tournament                |
|  |                           | OAA games                            | Dance (Archie Dobson's war – History project) | Rugby                                     | Athletics                                      |   |                        |   |
|  |                           |                                      | Swimming                                      | Tennis                                    | OAA camping trip                               |   |                        |   |