



Swanton Morley VC Primary School

Building caring, curious, resilient children

PHSE & RSE

CURRICULUM MAP

Vision statement – RHSE enables our children to become healthy, independent and responsible members of society. It allows them to understand how they are developing personally and socially, to learn about their rights and responsibilities and what it means to be a member of the diverse society that we live in.

RHSE

KNOWLEDGE

EYFS

AUTUMN

SPRING

SUMMER

All about me
Friendships
Routines and
Boundaries

Being a good friend

Similarities and
differences.
Me and Them

Special people.
Feelings /emotions

Being independent

Fabulous Me

Year 1

AUTUMN

SPRING

SUMMER

TEAM
Be Yourself

It's my body
Money Matters

Britain
Aiming High

Year 2

AUTUMN

SPRING

SUMMER

VIPs
Think Positive

Respecting Rights
Safety First

Growing Up
One World

Year 3

AUTUMN

SPRING

SUMMER

TEAM
Be Yourself

It's My Body
Aiming High

Money Matters
Britain

Year 4

AUTUMN

SPRING

SUMMER

VIPs
Think Positive

Growing Up
Safety First

Respecting Rights
One World

Year 5

AUTUMN

SPRING

SUMMER

TEAM
Be Yourself

It's My Body
Aiming High

Britain
Living In the Wider
World

Year 6

AUTUMN

SPRING

SUMMER

VIPs
Think Positive

Growing Up
Safety First

Respecting Rights
One World

RHSE

SKILLS

EYFS

AUTUMN

SPRING

SUMMER

All about me –
Families and dislikes.

Being kind and
helping

Friendships –
communication

Developing skills for
problem solving and
negotiations.

Routine and
Boundaries

Recognising
emotions.

Achievements

Skills for moving
on.

Year 1

AUTUMN

SPRING

SUMMER

TEAM
being part of a team,
listening & learning
skills,
positive choices,
kindness, behaviour
expectations

It's My Body
My body, my
business, making
healthy choices,
personal hygiene,
staying safe

Money Matters
Where money comes
from, why we need
it, how we spend it,
keeping money safe,
saving & budgeting

Be Yourself
What makes me
special, feelings,
changes, developing
confidence,

Britain
My community &
country, living in
Britain, being a
good citizen
Aiming High
personal qualities &
areas to develop,
learning from
experience, setting
goals, different
jobs, looking
forward, dealing
with changes

Year 2

AUTUMN

SPRING

SUMMER

VIPs
Special people families,
friends, falling out &
getting on, working
together, kindness
Think Positive
Making choices & the
impact of my decisions,
feelings, setting &
achieving
goals, expressing feelings
& opinions, being
thankful & mindful

Respecting Rights
What are our rights,
protecting our rights,
respect, differences,
fairness, making a
positive difference
Safety First
Staying safe inside &
outside of the home,
online safety, NSPCC
Underwear Rule, people
who can help

Growing Up
Naming body parts,
respecting my body
& others, differences,
growing & changing
One World
Learning about the
similarities &
differences of
families, homes,
schools &
environments around
the world,
environmental issues

Year 3

AUTUMN

SPRING

SUMMER

TEAM
Changes, being part of
a team, being
considerate, conflict
resolution,
responsibilities
Be Yourself
Achievements, setting
goals, identifying
strengths, feelings,
assertiveness, being
media wise,

It's My Body
Choices, saying no,
staying healthy,
hygiene, drug
awareness
Aiming High
My achievements
so far, personal
goals, positive
learning attitude,
jobs & skills,
challenging
stereotypes, when
I grow up

Money Matters
Work skills, ways
to pay,
borrowing,
priorities,
budgeting
Britain
Living in Britain,
democracy, law,
liberty, tolerance
& respect, being
British

Year 4

AUTUMN

SPRING

SUMMER

VIPs
Friendships, falling
out, bullying, anti
bullying
Think Positive
Mental health,
identifying emotions,
managing thoughts &
feelings,

Safety First
Staying safe &
healthy, identifying
risks, hazards &
danger, media & peer
pressure, road
safety, online safety,
dangerous
substances
Growing Up
Reproduction,
puberty, emotions,
relationships &
families

Respecting Rights
Equal rights,
democracy, rules,
respect,
challenging
stereotypes
One World
Chiwa & Kwende

Year 5

AUTUMN

SPRING

SUMMER

TEAM
Attributes of a good
team, communication,
collaboration,
compromise, care,
responsibilities
Be Yourself
Celebrating &
respecting each other,
feelings, confidence,
doing the right thing,
making amends

It's My Body
Taking care of my
body, harmful
substances,
positive body
image, healthy
choices
Aiming High
How people learn,
positive attitudes,
identifying
opportunities,
equal
opportunities,

Britain
Faith, ethnicity,
respect,
community, law,
local & national
government,
making a
difference,
charities &
volunteering
Money Matters
Influences, value,
budgeting,
borrowing,

Year 6

AUTUMN

SPRING

SUMMER

VIPs
Relationships,
respect, behaviour
disagreements
negative influences,
secrets
Think Positive
Thoughts, feelings &
behaviour, choices,
consequences, growth
mindset

Growing Up
Physical & emotional
changes, puberty,
body image,
relationships, sexual
relationships,
reproduction
Safety First
Responsibilities, risk,
peer pressures, risky
situations, dealing
with emergencies,
online safety,

Respecting Rights
Your rights, human
rights, respect,
human rights
activists
One World
Global citizens,
global warming,
energy, water,
biodiversity,
making the world a
better place

RHSE EXPERIENCE

EYFS

AUTUMN

SPRING

SUMMER

Anti-bullying week
– 16th -20th Nov

Children’s mental
health week – 3rd-
9th Feb

Walk to school
week – 20-25th May

World Kindness Day
– 13th Nov

International
happiness day - 20th
March

Healthy Eating
week – 8th - 14th
June

Year 1

AUTUMN

SPRING

SUMMER

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

International
happiness day - 20th
March

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June

Year 2

AUTUMN

SPRING

SUMMER

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

International
happiness day - 20th
March

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June

Year 3

AUTUMN

SPRING

SUMMER

World Mental
Health Day – Oct
10th

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June

Year 4

AUTUMN

SPRING

SUMMER

World Mental
Health Day – Oct
10th

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June

Year 5

AUTUMN

SPRING

SUMMER

World Mental
Health Day – Oct
10th

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June

Year 6

AUTUMN

SPRING

SUMMER

World Mental
Health Day – Oct
10th

Anti-bullying week
– 16th -20th Nov

World Kindness Day
– 13th Nov

Children’s mental
health week – 3rd-
9th Feb

Safer Internet day –
11th Feb

Walk to school
week – 20-25th May

Healthy Eating
week – 8th - 14th
June